Plastic produce bags

Romaine lettuce (or other lettuce)

Baby tomatoes (NatureSweet Constellations, $3)

Celery (1)

Carrots (3)

Cucumbers (2)

Italian parsley

1 green pepper

1 red pepper

1 serving zucchini or yellow squash

1 iceberg lettuce

1 package spinach

1 cup mushrooms

1 cup broccoli

Garlic (4)

Fruit for 7 days

Strawberries ($1.99 each)

Bananas

Anything else that looks good to you

Sliced bread (1 loaf)

Bagels (1 sleeve)

12 oz. egg noodles

Rice (Calrose)

1 jar roasted red peppers (smallest jar is fine)

2 cans whole corn kernel

2 cans 12-oz evaporated milk

Active dry yeast

Coke Cola (if on sale)

Ginger Ale (if on sale)

3 packages 8 oz. shredded Cheddar cheese

1 package shredded 3-cheese blend (cheddar okay, too)

Sliced cheese (2)

Cheese sticks

1-lb ground turkey (Jennie-O, $3.99)

8 Yogurts (blueberry, strawberry, cherry, peach, peach mango)

Milk (3 gallons)

Eggs (1 dozen)

Jam (apricot, strawberry, or raspberry)

Ice cream ($2.50)

Chlorox wipes

Lysol

Toilet paper (get 1 package if available)

Emergen-C